



## Napó Cultural Center

### Traditions Tour 6 days / 5 nights

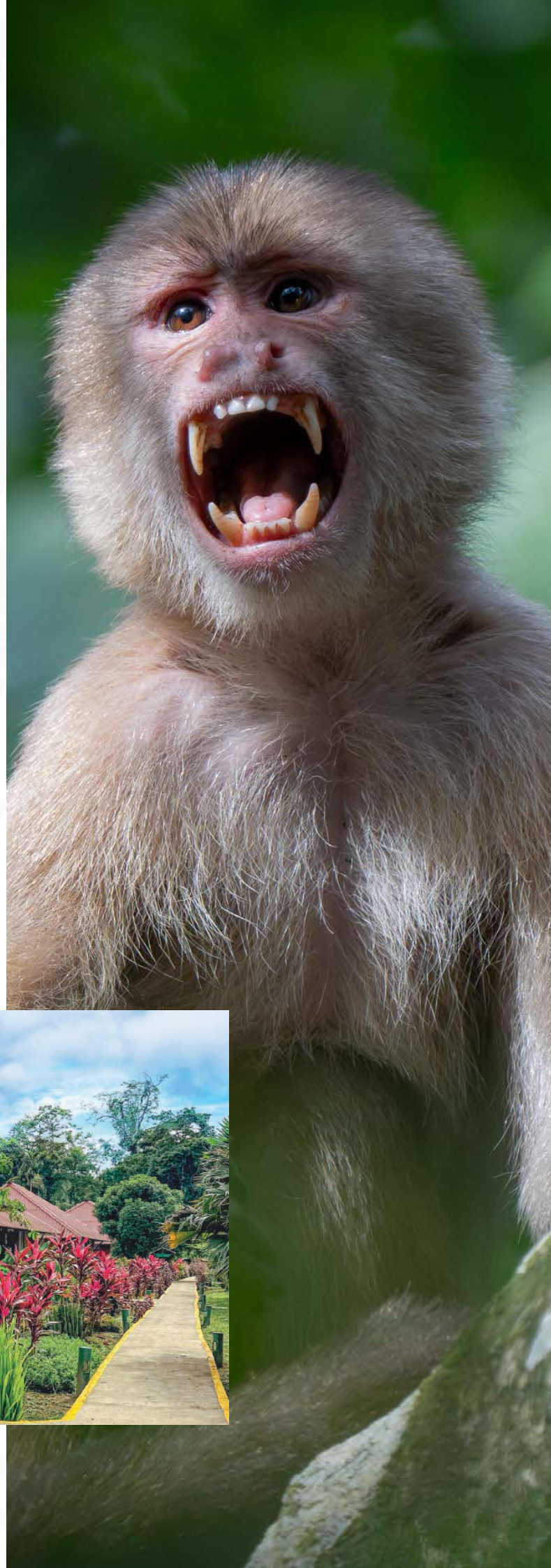
Nestled in a lush landscape of vibrant vegetation and biodiversity, our lodge is much more than just a place to stay — it's a sanctuary where tradition and nature come together to offer you an unforgettable experience.

From the moment you arrive, you'll be welcomed with the warmth and hospitality of the Kichwa Añangu Community, who generously share their culture, ancestral wisdom, and centuries-old way of life.

Discover the secrets of the rainforest through expert-guided excursions, where you'll have the opportunity to witness the astonishing diversity of flora and fauna that thrives in this unique region.



[www.napoculturalcenter.com](http://www.napoculturalcenter.com)





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## Day 1



After a gratifying 30-minute flight over the Andean Eastern Cordillera to reach Coca, and a 10-minute car ride, we will welcome you at a private dock, where you can rest, use the restrooms, and enjoy a refreshing drink. You will also receive a delicious box lunch for the journey. Here, our covered boat will be waiting for you, and your luggage will be sent directly to the accommodation.

From this moment, an exciting two-hour journey on the majestic Napo River begins. Upon arrival at the Napo Cultural Center, you will have the opportunity to explore the ancestral territory of the Kichwa Añangu Community, who will welcome you with the refreshing traditional drink wayusa. Our manager will provide you with information about the hotel's services, and then guide you to your comfortable room with views of the jungle. You will have some time to rest and get ready for the first afternoon activity.

We will take a hike to the observation tower, elevated 40 meters above the ground, where you will have high chances of spotting a wide variety of birds, howler monkeys, squirrel monkeys, toucans, parrots, sloths, and other species. You will also enjoy a spectacular view of the best Amazonian sunset.

Another alternative for the afternoon is to take an exciting kayak ride to delight in the colorful jungle sunset from the waters of the majestic Napo River.

After enjoying your first activity, you will return to the hotel, where you will have time to freshen up and relax in your cabin and prepare for a well-deserved dinner.

Meals: - / Box Lunch / Dinner

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## Day 2



After an early breakfast, we will head out on a motorized canoe to one of the highlights of the Yasuní Biosphere Reserve: the Parrot Clay Lick on the shores of the Napo River. Don't forget to bring your binoculars and camera to enjoy the fabulous flocks of blue-headed parrots, yellow-crowned parrots, and even dark-headed parakeets from the canoe.

Next, we will walk for approximately 30 minutes on the Parakeet Trail to reach a point in the forest that offers a direct view of the astonishing parrot clay lick. Here, visitors can observe up to 5 species of parrots and parakeets: blue-headed parrot, yellow-crowned parrot, blue-fronted parrot, dark-headed parakeet, and white-eyed parakeet. Sometimes, even mammals like howler monkeys, tapirs, deer, jaguars, and peccaries visit this place to drink water and obtain vital minerals for their bodies.

We will finish this morning with a visit to the intercultural interpretation center Kury Muyu - which means 'golden seed' in the native language - managed by the women of the community, also known as

'mamakunas.' You will learn about Kichwa culture, their music, dances, customs, and traditional use of natural resources, directly from the people of the Añangu Community. You will have time to visit the handicraft store, where community inhabitants create unique handmade pieces available for sale to support their creativity and work.

We will return to the community center for lunch at the restaurant and rest at the lodge. In the afternoon, after a delicious local lunch, we will take an exciting boat trip on the Añangu Creek, a dark water ecosystem where you can observe monkeys jumping from tree to tree, caimans, and sometimes even giant otters.

After dinner, we will have a unique activity on the Napo River aboard the ancestral catamaran to learn more about the legends and traditional songs of the Kichwa community while the women roast delicious snacks on the fire to share with their guests.

**Meals: Breakfast/Lunch/Dinner**



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### *Day 3*

Enjoy the sunrise during breakfast and visit our sustainable community projects to learn about the Kichwa worldview. Then, walk along one of our trails in the terra firme forest, which provides an excellent opportunity to observe wildlife, ceiba trees, stranglers, bamboo canes, vines, and endemic shrubs of Yasuní.

We will return to the hotel to enjoy a delicious lunch and take a well-deserved rest before embarking on a hike to the second observation tower, which rises 36 meters above the ground. From there, you will have great chances of spotting a variety of birds, howler monkeys, squirrel monkeys, and other species.

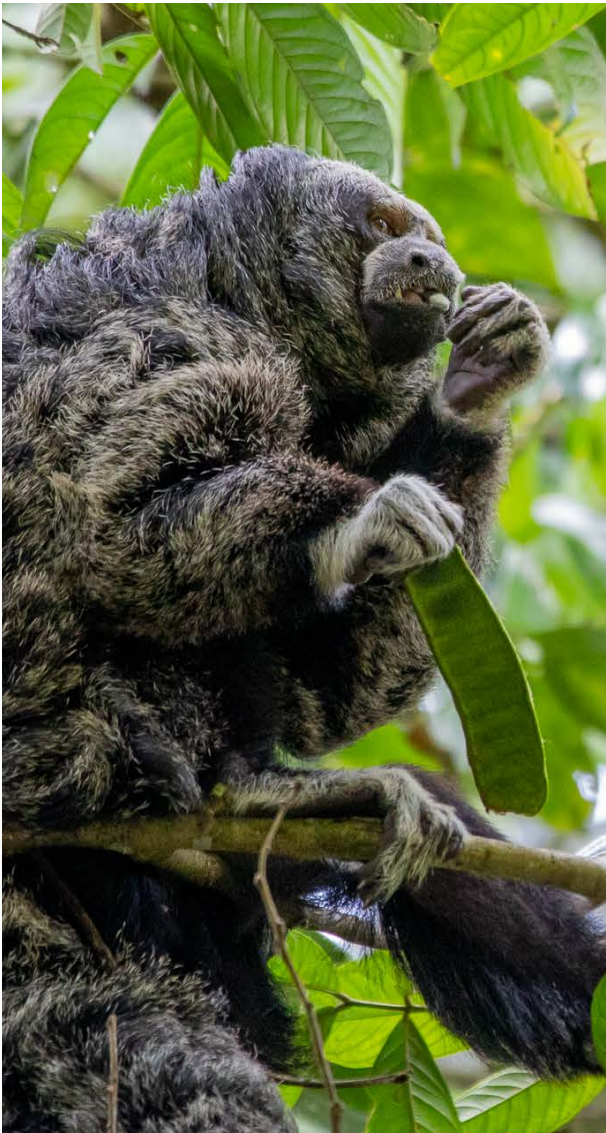
Upon returning to the hotel in the afternoon, you will have time to relax and prepare for a traditional typical dinner with local Amazonian flavors, such as maito, which is grilled fish wrapped in a bijao leaf. And if you have an adventurous palate, try the roasted worms of chonta, locally known as chontakuru.

After dinner, get ready with your flashlight for a night walk, where you can see different types of insects, reptiles, and even nocturnal mammals like some monkeys.

**Meals: Breakfast/Lunch/Dinner**

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### Day 4

Wake up to the song of Amazonian birds and enjoy a delicious breakfast. Then, put on your rubber boots to venture into the terra firme forest, following the Samona trail. You will feel like Indiana Jones as you walk among ancient ceiba trees, accompanied by capuchin monkeys, woolly monkeys, and saki monkeys. Pay close attention under the leaves to discover strange insects and sharpen your eyes and ears to appreciate the wildlife of the dense forest.

We will continue our thrilling adventure by exploring a blackwater creek and marveling at the biodiversity of flora and fauna that the forest reveals to us. After enjoying a refreshing drink and a delicious lunch, we will embark on a tour of nearby islands in search of the birds that inhabit them.

In the evening, you will have the option to participate in a night hike for a unique experience or simply relax and enjoy our comfortable facilities.

**Meals: Breakfast/Lunch/Dinner**

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### *Day 5*

This day, we embark on an exciting journey to Pañacocha Lagoon, located across the Napo River. This promises to be a day fun-filled with exploration of the natural wonders and wildlife of the área and if we are lucky, there is a chance to see pink dolphins!

We will leave the lodge in the morning to embark on a fascinating navigation along the Napo River and as we approach Pañacocha, in a trip that takes approximately 90 minutes, we will begin to see several animals of the Amazon rainforest.

Upon arrival, guests will receive an induction about the area and a box lunch to enjoy on the canoe or at the facilities of a nearby lodge, where travelers can use the restaurant and bathrooms.

In this area, we will observe the Igapó Forest, with the possibility of spotting macaws, sloths, squirrel monkeys, black-mantled marmosets, capuchin monkeys, anacondas and many other species. The flora in this area includes the coral tree, the palm tree and others. When navigating through this wetland, it is also possible to see black caimans and several species of birds.

Return to Napo Cultural Center in the afternoon, where, after enjoying a delicious dinner prepared by the chefs, there will be an evening walk along the forest trails to discover how life continues in the tropical forest at night.

At the end of the day, you can sleep comfortably in our beautiful cabins, where you will enjoy the best rest in the Amazon.

**Meals: Breakfast/Lunch/Dinner**

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### Day 6

To ensure you have a perfect final day, you have the option to participate in the guayusada ritual. It begins early, around 4:30 am, as the Kichwa family shares the sacred ancestral drink of guayusa. This ritual is a means of passing down their ancient knowledge to the new generations. You'll have the opportunity to listen to traditional songs and, if you wish, have your dreams interpreted by a wise mamakuna from the community—a truly mystical experience!

Afterwards, we'll return to enjoy breakfast while our staff takes care of collecting your luggage for the return to El Coca. We'll transport you in our comfortable motor canoes, providing you with a final opportunity to appreciate the landscape of the Ecuadorian tropical jungle as we reach our port.

NOTE: This itinerary serves as a sample and is subject to changes due to weather conditions, logistical reasons, the safety of our guests and collaborators, regulations of the Yasuní National Park, as well as the specific interests of the guests. Changes and additions may be made to optimize wildlife observation, cultural interactions with the local population, and overall enjoyment of the Yasuní National Park.

## INCLUDED

- ♥ River transportation Coca - Napo Cultural Center - Coca
- ♥ Accommodation in Napo Cultural Center
- ♥ All meals as per detailed itinerary
- ♥ Entrance to Yasuni National Park and parrot clay licks
- ♥ Community guide and naturalist bilingual guide
- ♥ Rain poncho and rubber boots
- ♥ All excursions and activities as per detailed itinerary
- ♥ Internet

## NOT INCLUDED

- ♥ AIR TICKETS QUITO – COCA – QUITO  
USD 256 per adult (from 12 years old)  
USD 205 per child (up to 11 years old)  
The rate includes assistance at both airports and transfer from Coca's airport to our private dock.
- ♥ Rates are subject to change without prior notice.
- ♥ Tips, personal expenses, and other unspecified services.



[www.toolkit.napoculturalcenter.com](http://www.toolkit.napoculturalcenter.com)

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